



Promoting healthy lifestyles

HEALTHY ER78



BENEFICIARIES AND BUDGET

Setomaa Municipality Government – EUR 34 530
Väraska Orienteering Club Peko – EUR 5 620
Räpina Rural Municipality – EUR 20 500
Räpina Sports Club – EUR 14 850
Pskov City Administration – EUR 75 250



BUDGET

Total: EUR 150 750
Programme co-financing: EUR 135 675



DURATION

24 months
01.05.2019 - 30.04.2021

T05 Support to local and regional good governance





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SUMMARY OF THE PROJECT

“Healthy” project aims at promotion of healthy lifestyles among population in border areas of Estonia and Russia for local population and tourists by means of improving co-operation between local and regional authorities and their sub-units.

Project arranges visits of youngsters from Estonia and Russia during which the following joint physical training and sport events are organized: orienteering, athletics, adventure games, football, basketball and camps for physical and language training. Also physical training and sports events for local population and tourists in Värskä, Räpina (Estonia) and Pskov (Russia) are planned, including competitions, races, health days, events.

In addition, project partners purchase sport and physical training equipment and develop jointly a new route-trail in cross-border approach for hiking: Värskä - Saatse - Krupp - Pechory and for biking: Räpina - Koidula - Pskov.

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